

Facility Schedule for January 4 - January 10

	4 Sunday	5 Monday	6 Tuesday	7 Wednesday	8 Thursday	9 Friday	10 Saturday
Fitness Centre & Front Desk	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:00pm	9am - 6pm
<u>Lane Swim, Steam Room, & Hot Tub</u>	1pm - 6pm	6am - 12pm 5:00pm - 8:30pm	6am - 12pm 5:00pm - 8:30pm	6am - 12pm 5:00pm - 8:30pm	6am - 12pm 5:00pm - 8:30pm	6am - 12pm 5pm - 8pm	1pm - 6pm *No Lane Swim*
<u>Public Swim</u>	1pm - 6pm			5:00pm - 8:30pm *LEISURE BASIN ONLY		5pm - 8pm	1pm - 6pm WIBIT
<u>Water Walking</u>		6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	
<u>Parent & Tot</u>		9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	
<u>Low-Impact AquaFit</u>		9am - 10am		9am - 10am			
<u>Gentle AquaFit</u>		10am - 11am		10am - 11am			
<u>AquaFit Shallow Water</u>			11am - 12pm		11am - 12pm	9am - 10am	
<u>AquaFit Deep Water</u>			7:30pm - 8:30pm		7:30pm - 8:30pm		
<u>Other Activities</u>							WIBIT SWIM *No Lane Swim*

Facility Schedule for January 11 - January 17

	11 Sunday	12 Monday	13 Tuesday	14 Wednesday	15 Thursday	16 Friday	17 Saturday
Fitness Centre & Front Desk	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:00pm	9am - 6pm
<u>Lane Swim, Steam Room, & Hot Tub</u>	1pm - 6pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm *Hot Tub Closed for Cleaning	6am - 12pm 5pm - 8pm	1pm - 6pm
<u>Public Swim</u>	1pm - 6pm			5:00pm - 8:30pm *LEISURE BASIN ONLY		5pm - 8pm	1pm - 6pm
<u>Water Walking</u>		6am - 12pm 5pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm 5pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	6am - 12pm 5pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	
<u>Parent & Tot</u>		9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	
<u>Low-Impact AquaFit</u>		9am - 10am		9am - 10am			
<u>Gentle AquaFit</u>		10am - 11am		10am - 11am			
<u>AquaFit Shallow Water</u>			11am - 12pm		11am - 12pm	9am - 10am	
<u>AquaFit Deep Water</u>			7:30pm - 8:30pm		7:30pm - 8:30pm		
<u>Other Activities</u>					Hot Tub Closed All Day Social Thursday 10am-12:30pm		

Facility Schedule for January 18 - January 24

	18 Sunday	19 Monday	20 Tuesday	21 Wednesday	22 Thursday	23 Friday	24 Saturday
Fitness Centre & Front Desk	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:00pm	9am - 6pm
<u>Lane Swim, Steam Room, & Hot Tub</u>	1pm - 6pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8pm	1pm - 6pm
<u>Public Swim</u>	1pm - 6pm			5:00pm - 8:30pm *LEISURE BASIN ONLY		5pm - 8pm	1pm - 6pm
<u>Water Walking</u>		6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	
<u>Parent & Tot</u>		9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	
<u>Low-Impact AquaFit</u>		9am - 10am		9am - 10am			
<u>Gentle AquaFit</u>		10am - 11am		10am - 11am			
<u>AquaFit Shallow Water</u>			11am - 12pm		11am - 12pm	9am - 10am	
<u>AquaFit Deep Water</u>			7:30pm - 8:30pm		7:30pm - 8:30pm		
<u>Other Activities</u>							

Facility Schedule for January 25 - January 31

	25 Sunday	26 Monday	27 Tuesday	28 Wednesday	29 Thursday	30 Friday	31 Saturday
Fitness Centre & Front Desk	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:00pm	9am - 6pm
<u>Lane Swim, Steam Room, & Hot Tub</u>	1pm - 6pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8pm	1pm - 6pm
<u>Public Swim</u>	1pm - 6pm			5:00pm - 8:30pm *LEISURE BASIN & SLIDE ONLY		5pm - 8pm	1pm - 6pm
<u>Water Walking</u>		6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	
<u>Parent & Tot</u>		9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	
<u>Low-Impact AquaFit</u>		9am - 10am		9am - 10am			
<u>Gentle AquaFit</u>		10am - 11am		10am - 11am			
<u>AquaFit Shallow Water</u>			11am - 12pm		11am - 12pm	9am - 10am	
<u>AquaFit Deep Water</u>			7:30pm - 8:30pm		7:30pm - 8:30pm		
<u>Other Activities</u>							

Facility Schedule for February 1 - February 7

	1 Sunday	2 Monday	3 Tuesday	4 Wednesday	5 Thursday	6 Friday	7 Saturday
Fitness Centre & Front Desk	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:00pm	9am - 6pm
<u>Lane Swim, Steam Room, & Hot Tub</u>	1pm - 6pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8pm	1pm - 6pm
<u>Public Swim</u>	1pm - 6pm			5:00pm - 8:30pm *LEISURE BASIN & SLIDE ONLY		5pm - 8pm	1pm - 6pm WIBIT
<u>Water Walking</u>		6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	
<u>Parent & Tot</u>		9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	
<u>Low-Impact AquaFit</u>		9am - 10am		9am - 10am			
<u>Gentle AquaFit</u>		10am - 11am		10am - 11am			
<u>AquaFit Shallow Water</u>			11am - 12pm		11am - 12pm	9am - 10am	
<u>AquaFit Deep Water</u>			7:30pm - 8:30pm		7:30pm - 8:30pm		
<u>Other Activities</u>							

Facility Schedule for February 8 - February 14

	8 Sunday	9 Monday	10 Tuesday	11 Wednesday	12 Thursday	13 Friday	14 Saturday
Fitness Centre & Front Desk	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:00pm	1pm - 6pm
<u>Lane Swim, Steam Room, & Hot Tub</u>	1pm - 6pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8pm	1pm - 6pm
<u>Public Swim</u>	1pm - 6pm WIBIT			5:00pm - 8:30pm *LEISURE BASIN & SLIDE ONLY		5:00pm - 8:00pm	1pm - 6pm
<u>Water Walking</u>		6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	
<u>Parent & Tot</u>		9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	
<u>Low-Impact AquaFit</u>		9am - 10am		9am - 10am			
<u>Gentle AquaFit</u>		10am - 11am		10am - 11am			
<u>AquaFit Shallow Water</u>			11am - 12pm		11am - 12pm	9am - 10am	
<u>AquaFit Deep Water</u>			7:30pm - 8:30pm		7:30pm - 8:30pm		
<u>Other Activities</u>							

Facility Schedule for February 15 - February 21

	15 Sunday	16 Monday	17 Tuesday	18 Wednesday	19 Thursday	20 Friday	21 Saturday
Fitness Centre & Front Desk	1pm - 6pm	FACILITY CLOSED	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:00pm	FACILITY CLOSED
<u>Lane Swim, Steam Room, & Hot Tub</u>	1pm - 6pm		6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm *Hot Tub Closed*	6am - 12pm 5pm - 8pm	
<u>Public Swim</u>	1pm - 6pm			5:00pm - 8:30pm *LEISURE BASIN & SLIDE ONLY		5pm - 8pm	
<u>Water Walking</u>			6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	
<u>Parent & Tot</u>			9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	
<u>Low-Impact AquaFit</u>				9am - 10am			
<u>Gentle AquaFit</u>				10am - 11am			
<u>AquaFit Shallow Water</u>			11am - 12pm		11am - 12pm	9am - 10am	
<u>AquaFit Deep Water</u>			7:30pm - 8:30pm		7:30pm - 8:30pm		
<u>Other Activities</u>					Hot Tub Closed All Day Social Thursday 10am - 12:30pm		Facility will be closed for the Tsunami Swim Meet

Facility Schedule for February 22 - February 28

	22 Sunday	23 Monday	24 Tuesday	25 Wednesday	26 Thursday	27 Friday	28 Saturday
Fitness Centre & Front Desk	3pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 6pm	9am - 6pm
<u>Lane Swim, Steam Room, & Hot Tub</u>	3pm - 6pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 1pm - 6pm	1pm - 6pm
<u>Public Swim</u>	3pm - 6pm			5:00pm - 8:30pm *LEISURE BASIN & SLIDE ONLY		1pm - 6pm NO SCHOOL PUBLIC SWIM	1pm - 6pm
<u>Water Walking</u>		6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	
<u>Parent & Tot</u>		9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	
<u>Low-Impact AquaFit</u>		9am - 10am		9am - 10am			
<u>Gentle AquaFit</u>		10am - 11am		10am - 11am			
<u>AquaFit Shallow Water</u>			11am - 12pm		11am - 12pm	9am - 10am	
<u>AquaFit Deep Water</u>			7:30pm - 8:30pm		7:30pm - 8:30pm		
<u>Other Activities</u>	Facility Will Open Later Following the Tsunami Swim Meet						

Facility Schedule for March 1 - March 7

	1 Sunday	2 Monday	3 Tuesday	4 Wednesday	5 Thursday	6 Friday	7 Saturday
Fitness Centre & Front Desk	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:00pm	9am - 6pm
<u>Lane Swim, Steam Room, & Hot Tub</u>	1pm - 6pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8pm	1pm - 6pm
<u>Public Swim</u>	1pm - 6pm			5:00pm - 8:30pm *LEISURE BASIN & SLIDE ONLY		5pm - 8pm	1pm - 6pm WIBIT
<u>Water Walking</u>		6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	
<u>Parent & Tot</u>		9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	
<u>Low-Impact AquaFit</u>		9am - 10am		9am - 10am			
<u>Gentle AquaFit</u>		10am - 11am		10am - 11am			
<u>AquaFit Shallow Water</u>			11am - 12pm		11am - 12pm	9am - 10am	
<u>AquaFit Deep Water</u>			7:30pm - 8:30pm		7:30pm - 8:30pm		
<u>Other Activities</u>							

Facility Schedule for March 8 - March 14

	8 Sunday	9 Monday	10 Tuesday	11 Wednesday	12 Thursday	13 Friday	14 Saturday
Fitness Centre & Front Desk	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:00pm	9am - 6pm
<u>Lane Swim, Steam Room, & Hot Tub</u>	1pm - 6pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8pm	1pm - 6pm
<u>Public Swim</u>	1pm - 6pm WIBIT			5:00pm - 8:30pm *LEISURE BASIN & SLIDE ONLY		5pm - 8pm	1pm - 6pm
<u>Water Walking</u>		6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	
<u>Parent & Tot</u>		9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	
<u>Low-Impact AquaFit</u>		9am - 10am		9am - 10am			
<u>Gentle AquaFit</u>		10am - 11am		10am - 11am			
<u>AquaFit Shallow Water</u>			11am - 12pm		11am - 12pm	9am - 10am	
<u>AquaFit Deep Water</u>			7:30pm - 8:30pm		7:30pm - 8:30pm		
<u>Other Activities</u>							

Facility Schedule for March 15 - March 21

	15 Sunday	16 Monday	17 Tuesday	18 Wednesday	19 Thursday	20 Friday	21 Saturday
Fitness Centre & Front Desk	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:00pm	9am - 6pm
<u>Lane Swim, Steam Room, & Hot Tub</u>	1pm - 6pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5:00pm - 8:30pm	6am - 12pm 5:00pm - 8:30pm	6am - 12pm 5:00pm - 8:30pm Hot Tub Closed	6am - 12pm 5pm - 8pm	1pm - 6pm
<u>Public Swim</u>	1pm - 6pm			5:00pm - 8:30pm *LEISURE BASIN & SLIDE ONLY		5pm - 8pm	1pm - 6pm
<u>Water Walking</u>		6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	
<u>Parent & Tot</u>		9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	
<u>Low-Impact AquaFit</u>		9am - 10am		9am - 10am			
<u>Gentle AquaFit</u>		10am - 11am		10am - 11am			
<u>AquaFit Shallow Water</u>			11am - 12pm		11am - 12pm	9am - 10am	
<u>AquaFit Deep Water</u>			7:30pm - 8:30pm		7:30pm - 8:30pm		
<u>Other Activities</u>					Hot Tub Closed All Day Social Thursday 10am - 12:30pm		

Facility Schedule for March 22 - March 28

	22 Sunday	23 Monday	24 Tuesday	25 Wednesday	26 Thursday	27 Friday	28 Saturday
Fitness Centre & Front Desk	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 6pm	1pm - 6pm
<u>Lane Swim, Steam Room, & Hot Tub</u>	1pm - 6pm	6am - 12pm 5:00pm - 8:30pm	6am - 12pm 5:00pm - 8:30pm	6am - 12pm 5:00pm - 8:30pm	6am - 12pm 5:00pm - 8:30pm	6am - 12pm 1pm - 6pm	1pm - 6pm
<u>Public Swim</u>	1pm - 6pm			5:00pm - 8:30pm *LEISURE BASIN & SLIDE ONLY		1pm - 6pm NO SCHOOL PUBLIC SWIM	1pm - 6pm
<u>Water Walking</u>		6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	
<u>Parent & Tot</u>		9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	
<u>Low-Impact AquaFit</u>		9am - 10am		9am - 10am			
<u>Gentle AquaFit</u>		10am - 11am		10am - 11am			
<u>AquaFit Shallow Water</u>			11am - 12pm		11am - 12pm	9am - 10am	
<u>AquaFit Deep Water</u>			7:30pm - 8:30pm		7:30pm - 8:30pm		
<u>Other Activities</u>							

Facility Schedule for March 29 - April 4

	29 Sunday	30 Monday	31 Tuesday	1 Wednesday	2 Thursday	3 Friday	4 Saturday
Fitness Centre & Front Desk	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:00pm	1pm - 6pm
<u>Lane Swim, Steam Room, & Hot Tub</u>	1pm - 6pm	6am - 12pm 5:00pm - 8:30pm	6am - 12pm 5:00pm - 8:30pm	6am - 12pm 5:00pm - 8:30pm	6am - 12pm 5:00pm - 8:30pm	6am - 12pm 5pm - 8pm	1pm - 6pm
<u>Public Swim</u>	1pm - 6pm		1:00pm - 4:00pm SPRING BREAK PUBLIC SWIM	1:00pm - 4:00pm SPRING BREAK PUBLIC SWIM	1:00pm - 4:00pm SPRING BREAK PUBLIC SWIM	5pm - 8pm	1pm - 6pm
<u>Water Walking</u>		6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	
<u>Parent & Tot</u>		9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	
<u>Low-Impact AquaFit</u>		9am - 10am		9am - 10am			
<u>Gentle AquaFit</u>		10am - 11am		10am - 11am			
<u>AquaFit Shallow Water</u>			11am - 12pm		11am - 12pm	9am - 10am	
<u>AquaFit Deep Water</u>			7:30pm - 8:30pm		7:30pm - 8:30pm		
<u>Other Activities</u>			Spring Break Public Swim 1pm - 4pm	Spring Break Public Swim 1pm - 4pm	Spring Break Public Swim 1pm - 4pm		